



Cooking Spoons, Cultures & Kassel Vibes

How one week of Erasmus stole our hearts, broadened our horizons – and filled our camera rolls

March 16 – 21, 2025

Let's go, Erasmus!

With 15 guests from Turkey and Norway, our school kicked off an exciting week full of encounters, experiences, and unforgettable moments. The first day was all about getting to know each other – starting with a warm welcome, a tour of our school, and a short walk through the city. Fun icebreaker games helped melt the first bit of shyness – laughter truly connects people, no matter where they're from.

Of course, sustainability was also part of the plan: In a creative role-play, we explored environmental issues, planted a bee-friendly flower meadow, and – for once – hugged trees instead of just our guests. The highlight of the day? A shared lunch with international dishes, followed by a digital scavenger hunt through Kassel using the Actionbound app – team spirit, puzzles, and adventure included!

Speed, Nature & Loads of Teamwork

Tuesday brought a real highlight: a visit to the University of Kassel's E- Racing Team! We got to see high-tech race cars up close and learned how much innovation and teamwork go into a project like this – truly inspiring!

After that, we headed to the beautiful Bergpark Kassel. Between the Hercules monument and waterfalls- they are also sustainable! we enjoyed nature, relaxed, and tackled some fun little challenges together. The evening ended on a cozy note with an international game night – filled with laughter, strategy, and great vibes.

Wartburg & Drachenschlucht – Erasmus on Tour

Wednesday morning, it was time to hit the road! We left Kassel early to visit Eisenach and explore the famous Wartburg Castle. An exciting English-language tour brought history to life – and the view from the top was just breathtaking!

Next stop: Drachenschlucht – a magical gorge with narrow paths, moss-covered rocks, and a fairytale atmosphere. We hiked together, took tons of photos, and had a great time. Afterwards, we had some free time to explore Eisenach on our own before heading back to Vellmar in the evening – tired but happy.

Cooking, Enjoying & Saying Goodbye

On Thursday, it was time to cook! After a group shopping trip to the Kassel market in the morning, we gathered in the school kitchen to chop, stir, and laugh – ending with a delicious shared lunch. The afternoon was free for relaxing, chatting, or just catching up on sleep.

And then came the evening... emotions ran high at the Farewell Evening in the ASV cafeteria. There were selfies, hugs, heartfelt words – and yes, a few tears. A perfect (if a bit bittersweet) end to an unforgettable week.

Friday morning brought the final goodbyes. With packed bags and tissues in hand, we said farewell – and slowly returned to our normal school routines, though now with memories and friendships that will stay with us for a long time.

Conclusion:

Erasmus Week 2025 was more than just an exchange – it was a true experience. We didn't just learn about new cultures, we lived them. And we proved that connection knows no borders.

How interesting were the project activities?

Optionsschaltflächen

11 (69%): **Interesting**



4 (25%): Very interesting



1 (6%): Okay



0 (0%): Keine Antwort



0 (0%): Boring



0 (0%): Very boring



How much did you learn about the environment and sustainability?

Kontrollkästchen

10 (63%): **Some**



4 (25%): A little



2 (13%): A lot



1 (6%): Nothing new



0 (0%): Keine Antwort



How well were the activities organized?

Optionsschaltflächen

7 (44%): **Well**



6 (38%): Very well



2 (13%): Okay



1 (6%): Badly



0 (0%): Keine Antwort



0 (0%): Very badly



Which activity did you like the most?

Choose 5

Kontrollkästchen

14 (88%): ☐ **Cooking**



10 (63%): ☐ Trip to Wartburg



10 (63%): ☐ Dragons Canyon



9 (56%): ☐ Actionbound in Kassel



8 (50%): ☐ Icebreaker games



8 (50%): ☐ Bergpark Kassel



7 (44%): School tour



How useful were the activities for your learning?

Kontrollkästchen

6 (38%): ☐ **Very useful**



5 (31%): ☐ **Useful**



5 (31%): ☐ **A little useful**



1 (6%): ☐ **Not useful**



0 (0%): **Keine Antwort**



How well did you work together with students from other countries?

Kontrollkästchen

10 (63%): ☐ **Very well**



4 (25%): ☐ Okay



2 (13%): ☐ Well



0 (0%): Keine Antwort



0 (0%): ☐ Not well



0 (0%): ☐ Very badly



What could we improve for future Erasmus+ projects?


Optionsschaltflächen

11 (69%):  **More trips/excursions**



3 (19%):  More free time



1 (6%):  More school activities



1 (6%):  More time with host families



0 (0%): Keine Antwort



Would you like to participate in another Erasmus+ project?

Optionsschaltflächen

14 (88%): ☒ **Yes, definitely!**



1 (6%): ☐ Maybe



1 (6%): ☐ No



0 (0%): Keine Antwort



How was your experience with your host family?

Kontrollkästchen

9 (56%): ☐ **Very good**



6 (38%): ☐ **Good**



1 (6%): ☐ **Okay**



0 (0%): **Keine Antwort**



0 (0%): ☐ **Bad**



0 (0%): ☐ **Very bad**



Did you feel welcome and comfortable during the project?

Kontrollkästchen

11 (69%): ☒ Yes, very much

4 (25%): ☐ Yes

1 (6%): Keine Antwort

1 (6%): ☐ A little

0 (0%): ☐ Not really

0 (0%): ☐ No