

Erasmus+ Project Report - Green Steps C3 Act Today

Bergen Mobility Week – May 4th–9th, 2025

Sunday, May 4th - Arrival

Participants arrived at Bergen Airport Flesland throughout the day, where students were warmly welcomed by their host families and brought home to become acquainted. Teachers and accompanying adults traveled independently to their accommodations after the students had been collected. Many chose to take the city tram (Bybanen) to the city center.

Teams arriving early were encouraged to explore Bergen and participate in local activities suggested by the Rothaugen staff. The arrival day provided an excellent opportunity for participants to settle in, form first impressions, and begin intercultural exchanges in an informal and welcoming atmosphere.

Monday, May 5th - First Working Day

At 08:00, the programme officially opened at Rothaugen School with a welcoming session that included introductions and presentations by each visiting school. Students presented their countries and ongoing environmental projects, followed by icebreaker games that fostered a sense of unity among participants.

At 09:00, the group participated in a beach cleanup activity as part of the week's environmental focus. Transportation was arranged by bus, and from 10:00 to 14:00 participants collected waste, learned about marine pollution, and discussed the importance of community engagement in sustainable action.

Around 15:00, students returned to their host families for dinner and enjoyed a free evening to relax and explore the city. The day set a positive and energetic tone for the week, emphasizing cooperation and environmental stewardship.

Tuesday, May 6th - Second Working Day

The second day began with breakfast in the host families and accommodations, after which participants assembled at Rothaugen for a school tour at 09:00. At 09:45, discussions took place around the "Water Diaries" prepared by students before the mobility, followed by a workshop on clean water and sanitation.

At 11:00, the Spanish delegation led an informative and interactive session on the impacts of climate change, providing scientific perspectives and examples of adaptation measures.

In the afternoon, from 13:00, a "City Goosechase" (a group activity focused on finding places/elements and taking pictures of them) encouraged students and teachers to explore Bergen's city center in mixed groups, identifying key landmarks and examples of sustainable living. The activity promoted collaboration, creativity, and practical awareness of sustainable urban practices.

Around 15:00, students returned to their host families for dinner, while teachers and adults met with Norwegian colleagues at Dr. Wiesner's restaurant for an informal dinner and

professional exchange. The day was both educational and enjoyable, deepening participants' understanding of sustainable development in urban contexts.

Wednesday, May 7th - Third Working Day

Participants began the day with breakfast before gathering at 09:00 for a visit to the school garden, led by teacher Jan Tore Tellefsen. The highlight of the morning was the planting of an Erasmus tree, symbolizing growth, cooperation, and long-term commitment to sustainability.

At 10:45, teacher Frode Dingen conducted a theoretical and practical session on sustainable food and nutrition. Participants learned about local produce, environmentally friendly food choices, and sustainable consumption, then enjoyed a shared meal prepared during the session.

From 12:15 to 14:00, students engaged in a workshop titled "Travelling Responsibly in an Era of Climate Change", while teachers met to discuss the project's continuation and development of the Climate Education Guide. The latter session was facilitated by the Spanish expert team.

Student presentations followed, demonstrating creativity and a strong grasp of the topics discussed. The day proved to be both inspiring and productive, combining practical environmental education with international teamwork.

Thursday, May 8th - Fourth and Final Working Day

After breakfast, the final working day commenced with a workshop on energy consumption in homes and schools, encouraging reflection on personal and institutional responsibility for reducing energy use.

At 10:30, participants collaborated on posters illustrating reflections on the week, focusing on shared values, cultural similarities, and differences.

At 11:30, the group took the Fløybanen funicular to Mount Fløyen for an outdoor barbeque. The weather was favorable, and participants enjoyed a meal surrounded by nature while engaging in activities about practical "green steps" individuals can take in daily life. Students also worked on field assignments addressing the "Vulnerability of Biodiversity to the Impacts of Climate Change and Ecosystem-Based Adaptation." Students even tried their hand at canoeing as a way of bonding socially and collaborating.

After free time in the afternoon, the mobility concluded with a closing ceremony and farewell party at Rothaugen at 18:00. The event celebrated the week's achievements through speeches, certificates, music, and expressions of gratitude.

Friday, May 9th - Departure Day

All partner groups departed on this day. Those with later departures spent additional time exploring Bergen, guided by recommendations from the host team.

Summary and Reflections

The Bergen mobility week was a great success. Participants greatly enjoyed their stay and reported high levels of satisfaction with both the learning outcomes and the cultural exchange. Throughout the week, students and teachers deepened their understanding of sustainable development, ecological practices and responsible citizenship.

Through practical workshops, outdoor activities, and intercultural collaboration, participants developed both environmental awareness and valuable interpersonal skills. The programme not only strengthened the partnerships among the participating schools but also reinforced the shared commitment to sustainability and European cooperation promoted by the Erasmus+ initiative.

The mobility concluded with a strong sense of accomplishment, friendship, and mutual inspiration to continue integrating sustainable practices into everyday life and education.